

Type of Service(s)	Program/ Organization	Website	Phone
SHELTER AND ASSISTED LIVING SERVICES			
Assisted Living, Men	Marshall Home	http://www.marshallhomeformen.org/	520-624-5193
Homeless Shelter, Financials, Job Training, etc	Primavera Foundation	http://primavera.org/index_flash.html	(520) 882-5383
Eviction Prevention/Emergency Homeless Housing	Arizona Housing and Prevention	www.azhousing.gov	(602) 771-1000
Family Services, Shelter, Food, etc	Gospel Rescue Mission	https://www.grmtucson.com/	740-1501
Avoid Homelessness, Housing	Project Action	http://www.primavera.org/html/stability/projectaction.html	624-7498
HOUSING AND UTILITY HELP			
Rent, Utilities, etc	Pima County Community Action Agency	http://azcaa.org/pima/	520-724-6748
Home Repair	Habitat for Humanity Tucson	https://www.habitattucson.org/	520-326-1217
Rent, Utilities, etc	Salvation Army	http://www.salvationarmytucson.org/	(520) 293-1961
Rent, Utilities, Counseling, Education	Project PPEP	www.ppep.org	622-3553
Home Repair	Community Home Repair Projects of Arizona	http://www.chrpaz.org/	(520) 745-2055
Family, Utility, Health Care, Nutrition Services	Arizona Self Help	http://www.arizonaselfhelp.org/programs/	(877) 860-6020
Rent, Mortgage, Food Vouchers	San Ignacio Yaqui Council		888-5418
Rent, Utility, Food, etc	St Vincent De Paul	http://svdptucson.org/	520-628-7837
Rent, Utilities, Job Information, etc	Tucson Indian Center	http://www.ticenter.org/assistance	628-7871
Housing, Community Closet, etc	Tucson Metro Ministry	http://www.tmmfs.org/	623-1583
Rent, Utilities, Housing	Tucson Urban League	http://www.tucsonurbanleague.org/	884-7131
MEDICAL SERVICES			
Counseling, Medical	Jewish Family and Children Services	https://jfcstucson.org/	520-795-0300
Mental Health Services	Tucson News Now	http://www.tucsonnewsnow.com/story/31541764/list-of-mental-health-resources-in-southern-arizona	
Job training, medical care, transportation, etc	Interfaith Community Services (ICS)	www.icstucson.org	(520) 297-6049
Medicare Part D	U.S. Government	www.medicare.gov	
Healthcare for Uninsured	Pima County Access Program	http://mypcap.org/	(520) 694-0418
Arizona Long-term Care System	AHCCCS/Medicaid	https://www.azahcccs.gov/	(520) 205-8600
GetCoveredAZ, Uninsured Coverage	State of Arizona	http://www.getcoveredaz.org/	1-800-MEDICARE
Aging Services, Disability, Basic Needs, Children and Family Services, Employment Services	Arizona Department of Economic Security	https://des.az.gov/services	(602) 542-4446
Developmental Disability Health Care	Arizona Department of Economic Security	https://des.az.gov/services/disabilities/developmental-child-and-adult/altcs-home	(800) 352-8401
Senior Adult Independent Living	Area Agency on Aging	http://aaaphx.org/program-services/senior-adult-independent-living-sail/	1 (888) 264-2258
Social Security Retirement, Disability	Social Security Administration	www.ssa.gov	(800) 772-1213
Clothing, Medical, GED Services, etc	Hope Of Glory Ministries	http://tucsonhope.org/	887-2120
Developmental Disability, Casa de Vida, Employmen	La Frontera Center	http://www.lafronteracenter.org/	838-3898
Healthcare	St Elizabeth's Of Hungary	http://saintehec.com/services/medical-services/	625-3888
Medical, Medical Equipment	Friends In Need	http://fid-gv.org/	625-4401
Medical, Food, Clothes for Youth	Youth On Their Own	https://yoto.org/	293-1136

EMPLOYMENT			
Employment	Goodwill	http://www.goodwillsouthernaz.org/programs-and-services/	520-623-5174
Business resources, Employment Training, Housing, Homelessness/Emergency Help, Neighborhood Services	PC Community and Economic Development	www.pima.gov/ced	(520) 243-6700
Employment	Arizona @ Work	www.arizonaworkforceconnection.com	
Employment, Education	Rio Nuevo Service Center	https://www.azjobconnection.gov/ada/r/contact	623-5111x113
LEGAL ASSISTANCE			
Legal Services	Arizona State Bar	http://apps.americanbar.org/legalservices/probono/directory/arizona.html	
Low-Income Legal Assistance	Southern Arizona Legal Aid	https://www.sazlegalaid.org/services	294-5224
FOOD AND NUTRITION			
Child and Adult Care Food Program (CACFP)	Arizona Department of Education	http://www.azed.gov/health-nutrition/cacfp/	(800) 352-4558
Nutrition	Arizona Department of Health Services	http://azdhs.gov/azwic/	(800) 252-5942
Emergency Food	Community Food Bank of Southern Arizona	http://www.communityfoodbank.org/	(520) 622-0525
Nutrition Assistance (Food Stamps)	Arizona Department of Economic Security	https://des.az.gov/services/basic-needs/food/nutrition-assistance-formerly-food-stamp-program	(800) 325-8401
Nutrition, Food Boxes	Greater Littleton Food Bank	http://www.azfoodbanks.org/index.php/foodbank/article/greater_littleton_human_resource_group	574-2263
Nutrition, Food	Casa Maria (Guadalupe Soup Kitchen)	http://www.casamariatucson.org/	624-0312
Reduced-price Produce	The 3000 Club	http://the3000club.org/wordpress/marketonthemove/	
SPECIALIZED SERVICES			
Diapers	Diaper Bank of Southern Arizona	www.diaperbank.org	(520) 325-1400
Safety, Finance, Health	Green Valley Assistance Services	https://valleyassistanceservices.org/programs/	685-5966
Counseling, Adult Day Services	(Green Valley) Casa Community Service:	http://www.casagv.org/	(520) 625-2273
Children's clothing, Diapers, Counseling, Pregnancy	Reach Out Women's Center	http://reachoutwomenscenter.com/	623-4300
Sun Tran	Economy Pass Program / Sun Tran	http://suntran.com/fares_reduced.php	(520) 791-4100
Pregnant/Homeless Women	Stork's Nest	http://www.womensheritagetrail.org/women/StorksNest.php	498-4613
Services for Women	YWCA	http://www.ywcatucson.org/site/c.eiLYJiOZKqLcG/b.8581629/k.BF21/Home.htm	795-4266
LISTS OF VARIOUS SERVICES			
List of Services	Pima Council on Aging	https://www.pcoa.org/family-caregivers/guide-to-services/	520-790-7262
List of Services	United Way of Southern AZ	http://www.unitedwaytucson.org/partner_resources	520-903-9000
List of Services	Southern Arizona Mentoring Coalition	http://www.soazmentoring.org/resources	520-624-4765
List of Services	Pima County Help	http://www.pimacountyhelp.org/Resources.html	520-724-9999
List of Services	Catholic Community Services	https://www.ccs-soaz.org/services	520-623-0344
List of Services	Our Family	http://www.ourfamilyservices.org/programs.html	520-323-1708
List of Services	Community Information Services	www.211Arizona.org	211
List of Services	Green Valley Community Foundatior	http://www.ggvcf.org/non_profit.html	(520) 625-4556
List of Services	Grace St. Paul's	http://gsptucson.org/	327-6857